

## Food Technology – Year 7

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 7</b>	<p><b>Preparing for a practical including health and safety</b></p> <ul style="list-style-type: none"> <li>Weighing and measuring</li> <li>Eatwell guide</li> <li>Assessing diet sheets</li> <li>Make recommendations for healthy eating</li> <li>Practical activities –making food dishes</li> <li>Sensory analysis</li> </ul> <p>Students assessed as Mastered, exceeding, expected, emerging or well below</p>		<p><b>Preparing for a practical including health and safety</b></p> <ul style="list-style-type: none"> <li>Weighing and measuring</li> <li>Eatwell guide</li> <li>Assessing diet sheets</li> <li>Make recommendations for healthy eating</li> <li>Practical activities –making food dishes</li> <li>Sensory analysis</li> </ul> <p>Students assessed as Mastered, exceeding, expected, emerging or well below</p>		<p><b>Preparing for a practical including health and safety</b></p> <ul style="list-style-type: none"> <li>Weighing and measuring</li> <li>Eatwell guide</li> <li>Assessing diet sheets</li> <li>Make recommendations for healthy eating</li> <li>Practical activities –making food dishes</li> <li>Sensory analysis</li> </ul> <p>Students assessed as Mastered, exceeding, expected, emerging or well below</p>	